

[WEEKLY MENU]



Week 1

Week Commencing: Mon 15th Apr - Mon 6th May - Mon 3rd Jun - Mon 24th Jun - Mon 15th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Butter Chicken Curry (G*)	Beef Burger & Homemade Potato Wedges (G, SE*, SO)	Roast Chicken & Gravy	Beef Lasagne (E*, G, MK)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Vegetable & Lentil Korma with Rice (CE, G*, MK)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (CE, G)	Roasted Vegetable Lasagne (E*, G, MK)	Cheesy Calzone (G, MK)
Vegetable Choice	Seasonal Vegetables	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Green Salad & Coleslaw (E, MU)	Beans or Peas
Dessert of the Day	Selection of Fruit Mousse (MK)	Honey & Raisin Flapjack (G)	Apple Crumble & Custard (G, MK)	Pineapple Upside Down Cake (E, G, MK)	Ice Cream (MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

St Mary's RC Primary School

[WEEKLY MENU]



Week 2

Week Commencing: Mon 22nd Apr - Mon 13th May - Mon 10th Jun - Mon 1st Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chinese Vegetable Stir Fry Noodles (E, G, SO)	Halal Chicken Nuggets (CE, G)	Roast Turkey & Gravy	Caribbean Chicken Curry	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Jerk Vegetable Curry (G*)	Vegan Nuggets (G)	Veggie Shepherdess Pie (CE, MK)	Jerk Vegetable Wrap (CE, G)	Vegan Nuggets & Chips (G)
Vegetable Choice	Rice & Seasonal Vegetables	Homemade Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Jamaican Rice & Peas	Beans or Peas
Dessert of the Day	Yoghurt (MK)	Lemon Drizzle Cake (E, G, SU)	Dutch Apple Tart (E, G, MK)	Apple Traybake (E, G, MK*)	Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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[WEEKLY MENU]



Week 3

Week Commencing: Mon 29th Apr - Mon 20th May - Mon 17th Jun - Mon 8th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Beef Bolognese Pasta Bake (G, MK)	BBQ Chicken Pizza (G, MK)	Roast Chicken & Gravy	Butchers Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Quorn Lasagne (E, G, MK)	Margherita Pizza (G, MK)	Roast Vegetable Tart (E, G, MK)	Veggie Sausage & Crushed Potato with Gravy (G, MK)	Mac & Cheese (G, MK)
Vegetable Choice	Chefs Salad & Coleslaw (E, MU)	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Seasonal Greens	Beans or Peas
Dessert of the Day	Fresh Fruit	Apple Crumble & Custard (G, MK)	Iced Vanilla Sponge (E, G)	Honey & Raisin Flapjack (G)	Double Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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